

Dates to Remember October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 	3 Chair Yoga 9:00 Walk 10:00 Cribbage 1:00	4 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 BP Clinic 10:30 Line Dancing 1:15 Memoir 1:00	5 COA mtg. 9:30 BINGO 1:00	6 Floor Yoga 8:00 Exercise 9:30 FLU Clinic 10:30 Coloring 1:00	7 	8
9	10 Columbus Day Senior Center Closed	11 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 GAC mtg. 11:00 Line Dancing 1:15 Memoir 1:00	12 Computers 9:30 Fraud Squad Players 11:00 Games/Pool 1:00 Fallon Membership mtg. 2:00	13 Floor Yoga 8:00 Exercise 9:30 SALT mtg. 10:30 Coloring 1:00	14 	15
16	17 Chair Yoga 9:00 Walk 10:00 GAC Raffle after lunch Cribbage 1:00	18 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 Line Dancing 1:15	19 Games/Pool 1:00	20 Floor Yoga 8:00 Exercise 9:30 Coloring 1:00	21 	22
23 	24 Chair Yoga 9:00 Walk 10:00 Cribbage 1:00 <hr/> 31 Halloween Party w/Gary Landgren @ 11:00 Birthday Cake	25 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 Line Dancing 1:15 Memoir 1:00	26 Games/Pool 1:00	27 Floor Yoga 8:00 Exercise 9:30 Coloring 1:00	28 	29 <i>Programs Subject to Change</i> 

Please call at least a day ahead! Thank you.

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elaine.materas@townofcharlton.net