











Dates to Remember September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
3	4 Labor Day Senior Center Closed Old Home Day!	5 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 B.P. Clinic 10:30 Line Dancing 1:15	6 COA mtg. 9:30 WCAC for those w/letters 9-3:30 Games/Pool	7 Floor Yoga 8:00 Exercise 9:30 Coloring 1:00	8 	9
10	11 Chair Yoga 9:00 Walk 9:00 Cribbage 1:00	12 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 Fallon Info 10:00 GAC mtg. 11:00 Line Dancing 1:15	13 Diabetes Presenta- tion by H.H. 11:00 BINGO 1:00	14 Floor Yoga 8:00 Exercise 9:30 Birthday Party w/ David Colucci 11:00	15 	16
17	18 Chair Yoga 9:00 Walk 9:00 Cribbage 1:00	19 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 Line Dancing 1:15	20 Osteoporosis by Summit Elder Care 11:00 Games/Pool	21 Floor Yoga 8:00 Exercise 9:30 Coloring 1:00 Ballroom Dance Demo 1:30	22 	23
24	25 Chair Yoga 9:00 Walk 9:00 Spinal Screening by Page Chiropractic 10-12 Cribbage 1:00	26 Floor Yoga 8:00 Exercise 9:30 Sew What 9:30 Line Dancing 1:15	27 B.P. Clinic w/ BayPath students 11-12 Games/Pool	28 Floor Yoga 8:00 Exercise 9:30 Coloring 1:00 Body/Mind/Spirit w/Joanne 1:00	29 	30 Menu Subject to Change 