

Come Juice with us!!!!

Consuming high-powered nutrition will change your health...
It is that simple!!!

Charlton Senior Center is joining in
to improve the overall health of its senior population...

The Charlton Senior Center will be offering

fresh-made juices by Joanne

(made in her Krups juicing machine).

Because every cell that is made TOMORROW
is made from TODAY's nutrition,

YOU CAN CHANGE your current state of health.

GOOD HEALTH IS BUILT FROM THE INSIDE OUT!

There will be a \$1.00 donation for each 4 oz. serving of your

Live-Food Vitamin Shot

This program is sponsored by the Charlton Senior Center

Many, many thanks for all you do for us!!!! Thank you

Time: **May 25th at 1:00 p.m.**

Where: **Charlton Senior Center**

If there is a vegetable or fruit that is contra-indicated by your medication, please let us know. We will attempt to adjust whenever possible.